

CANADIAN SECONDARY SCHOOLS ROWING ASSOCIATION

FIFTY FIRST ANNUAL REGATTA

to be held Friday, Saturday and Sunday, May 31, June 1&2, 1996

ON THE ROYAL CANADIAN HENLEY COURSE
ST. CATHARINES, ONTARIO

All races are Open to any Collegiate, High School or Secondary School in the World.
All Contestants to have been in regular Day School attendance for the current School Term,
have the certification of the School Principal and be under 20 years of age on 1st January, 1995

LIST OF EVENTS

Two or more Entries required in each event to ensure a race.

CANADIAN CHAMPIONSHIPS

ALL FINALS WILL BE RUN ON SUNDAY

1	12:00	NOON	Junior Women	61 kg. Cox Four	Alex Champion Trophy
2	12:12	P.M.	Senior Women	57 kg. Single	Red Flannery Memorial Trophy
3	12:24		Junior Men	64 kg. Eight	Henley Helpers Trophy
4	12:36		Senior Men	70 kg. Cox Four	Jim Allen Memorial Trophy
5	12:48		Senior Women	57 kg. Cox Four	Beta Sigma Phi, M. Robertson Trophy
6	1:00		Senior Men	Double	Can. Westinghouse Trophy
7	1:12		Junior Women	Heavy Eight	Sigma Phi Trophy
8	1:24		Senior Men	Heavy Cox Four	Past Presidents Trophy
9	1:36		Senior Men	64 kg. Cox Four	S.I. Wells Trophy
10	1:48		Senior Men	70 kg. Pair	St. Cath. Real Estate Trophy
11	2:00		Senior Women	Heavy Cox Four	Phil Chapman Memorial Trophy
12	2:12		Junior Women	57 kg. Eight	South Niagara Presidents Award
13	2:24		Senior Women	57 kg. Pair	R.E. Baum Trophy
14	2:36		Senior Women	Heavy Single	Lakeport S.S. Trophy
15	2:48		Junior Men	Heavy Eight	Joe Wright, Sr. Trophy
16	3:00		Junior Men	64 kg. Cox Four	J.D. Baily Trophy
17	3:12		Senior Men	70 kg. Eight	Laddie Cassels Memorial Trophy
18	3:24		Senior Women	61 kg. Cox Four	Martin Trophy
19	3:36		Junior Women	Heavy Cox Four	Beta Sigma Phi Trophy
20	3:48		Senior Women	Heavy Pair	Sigma Phi Laura Sabia Trophy
21	4:00		Senior Women	57 kg. Eight	Norm Adams Trophy
22	4:12		Senior Men	70 kg. Single	Ken Thorborn Trophy
23	4:24		Junior Men	Heavy Cox Four	Sigma Kappa PSI Trophy
24	4:36		Senior Men	Heavy Pair	Sally Arbuthnot Trophy
25	4:48		Senior Women	Double	Jack Nicholson Trophy
26	5:00		Junior Men	70 kg. Cox Four	Page Memorial Trophy
27	5:12		Junior Women	57 kg. Cox Four	Old Bretonians Trophy
28	5:24		Senior Women	Heavy Eight	Henley Helpers Trophy
29	5:36		Senior Men	Heavy Single	United Steelworker Trophy
30	5:48		Senior Men	Heavy Eight	Calder Cleland Trophy

All Races to be 2000 Metres Straightaway

ALL ENTRIES MUST BE IN THE HANDS OF THE REGISTRAR NOT LATER THAN WEDNESDAY 11:59 PM, MAY 22, 1996

- NO POST ENTRIES - DRAW MEETING WILL BE HELD ON SUNDAY, MAY 26, 1996

Mail all entries to the Registrar: OTTO SWINTON, 158 PINWOOD DRIVE, LONDON, ONTARIO N6J 3L2
(519) 471-9234

ENTRY FEES

Single \$10.00 Pair \$15.00 Doubles \$15.00 Fours \$25.00 Eights \$35.00

GOLD MEDALS WILL BE AWARDED TO THE WINNING CREW.

SILVER MEDALS WILL BE AWARDED TO THE CREW FINISHING SECOND.

BRONZE MEDALS WILL BE AWARDED TO THE CREW FINISHING THIRD.

MEDAL PRESENTATIONS WILL BE MADE ONLY AT THE GRANDSTAND IMMEDIATELY FOLLOWING THE FINAL.

Women's LWT Races: Crew average weight 57 Kg. - Max. individual weight 59 Kg.

Women's LWT Races: Crew average weight 61 Kg. - Max. individual weight 63 Kg.

Men's LWT Races: 64 Kg. crew average, 66 Kg. max. individual weight

Men's LWT Races: 70 Kg. crew average, 72.5 Kg. max. individual weight

Weigh-in and registration for all Lightweight crews and coxswains including Heavyweights will be

Friday, 31st May, 1996 starting 2 hours before 1st race & closing 2 hours after 1st race,

Saturday, 1st June, 1996 7:00 am - 10:00 am, Sunday, 2nd June, 1996 7:00 am - 9:00 am

Coxswain weights: Women Races (45 Kilos), Men Races (50 Kilos)

Seniors: Under 20 years of age on 1st, January, 1996. Juniors: Under 17 years of age on 1st, January, 1996

Proof of age must be submitted with entry forms, or may be requested at any time.

NOTE - ALL SCHOOLS MUST PAY \$30.00 AFFILIATION FEE.

ALL ENTRIES MUST BE ACCOMPANIED WITH CERTIFIED CHEQUES OR MONEY ORDERS.

There will be no change in the order of events and all races will start promptly as scheduled.

All Members of Competing Crews excluding Coxswains, must be of the same sex and wear uniform rowing jerseys & shorts.

ALL RACES WILL BE RUN IN ACCORDANCE WITH C.S.S.R.A. RULES OF RACING.

Each School shall be responsible for the Conduct and Physical Fitness of its Competitors and the Provision of its Equipment.



MR. Don Baker Jr.
5 Keefer Road, P.O. Box 2457 Station B
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